

WC Division of  
Aging & Disability  
Services  
1-877-222-3737  
908-475-6591

# April 2024

Warren County Community Senior Center

Phillipsburg Activity Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
	11am <b>TAI CHI</b>		YOGA WITH LIZ 11:15 AM	Medicare Minute with Cindy 	 BINGO
	8	9	10	11	12
	11am <b>TAI CHI</b>		YOGA WITH LIZ 11:15 AM	<b>ZUMBA WITH SANDY</b> 11 AM	 BINGO
	15	16	17	18	19
	11: TAI  <b>Fun with Maria</b>		YOGA WITH LIZ 11:15 AM	Keeping Your Brain Healthy as You Age 	Warren County Sheriff's Department Senior ID's 
	22	23	24	25	26
	11am <b>TAI CHI</b>		YOGA WITH LIZ 11:15 AM	<b>ZUMBA WITH SANDY</b> 11 AM	
	29	30	31		
	11am <b>TAI CHI</b>		<b>Birthday Celebrations</b> YOGA WITH LIZ 11:15 AM		

New & Notices

**Phillipsburg  
Senior Center**  
310 Firth Street  
Phillipsburg, NJ  
908-859-2423

**Virtual  
Exercise is  
available via  
zoom call  
908-475-6591  
for more info**

